



Shropshire Domestic Abuse Service

Shropshire Domestic Abuse Service exists to provide safe accommodation, an outreach and a children/young people's service to adults and their children who's lives are affected by domestic abuse and violence; to empower them, age appropriately, to make decisions for themselves about their own futures.

We work in partnership with local agencies to enable adults and children/young people to regain the strength and confidence to take control of their lives and to have a future without fear.

TO ACCESS THIS SERVICE

Tel: 0300 303 1191

email: sdas@shropsdas.org.uk

web: shropsdas.org.uk

The referral line is open Mon-Fri 9am-5pm

WHAT IS DOMESTIC ABUSE?

- **Domestic abuse is coercive, controlling, abusive and violent behaviour**
 - **The violence or abuse can be physical, sexual, financial, psychological or emotional**
 - **Such violence can also be directed towards children, other family members or friends of the victim**
 - **Abusive behaviour can occur in any relationship**
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Admitting to yourself and others that you are experiencing domestic abuse is very difficult, but it is an important step towards getting protection for yourself and your children.

If you or your family are victims of domestic abuse you may be afraid to ask for help in case it makes things worse, but you don't have to live with this kind of fear.

OUTREACH SERVICE

The service provides:

- Dedicated support either via face to face meetings, telephone, text or email according to need and individual choice
- Services in communities through working with other agencies
- Training and awareness sessions for agencies or individuals

OLDER PEOPLE

Shropshire Domestic Abuse Service can provide specialist support for those aged 60 or over that may have experienced domestic abuse over a number of years. The service is confidential, and we can often help change your situation with very little fuss.

MEMBERS OF THE BLACK, MINORITY ETHNIC AND REFUGEE COMMUNITY

Shropshire Domestic Abuse Service is committed to assisting black and ethnic minority and dual heritage women, men and children and refugees experiencing domestic abuse.

If you have recently arrived in this country, or your first language is not English, we can provide an interpreter to help you access our support. Whatever your immigration status you have a right to protection and help.

REFUGEE ACCOMMODATION

We manage a 10 bed female only refuge and various shared dispersed properties based around the county.

The Refuge accommodation takes referrals for single women and women with children.

The dispersed properties can be offered to male victims as well as female and are available for single people or those with children.

At NO TIME will the dispersed accommodation be mixed sex.

If you need refuge accommodation, or are making a referral, call: 0300 303 1191.

The referral line is open from Monday to Friday, 9am - 5pm.

USEFUL NUMBERS

In an emergency always call the police on 999

National 24 hour Domestic Violence Helpline
0808 2000 247

Shropshire Domestic Abuse Helpline 24 hours
0800 7831 359

West Mercia Police 101

Shropshire Domestic Abuse Service
0300 303 1191

Shropshire Council Customer Service
0345 678 9000

M.A.L.E (Mens Advice Line and Enquiries) 0808 801 0327

Lesbian and Gay Foundation
0845 330 3030