



Shropshire Domestic Abuse Service

SUPPORT FOR MALE VICTIMS

Shropshire Domestic Abuse Service exists to provide safe accommodation, an outreach and a children/young people's service to adults and their children who's lives have been affected by domestic abuse and violence; to empower them, age appropriately to make decisions for themselves about their own futures.

We work in partnership with local agencies to enable adults and children/young people to regain the strength and confidence to take control of their lives and to have a future without fear.

TO ACCESS THIS SERVICE

Tel: 0300 303 1191

Email: sdas@shropsdas.org.uk

Web: shropsdas.org.uk

The referral line is open
Monday to Friday, 9am-5pm.

WHAT IS DOMESTIC ABUSE?

- **Domestic abuse is coercive, controlling, abusive and violent behaviour**
- **The violence or abuse can be physical, sexual, financial, psychological or emotional**
- **Such violence can also be directed towards children, other family members or friends of the victim**
- **Abusive behaviour can occur in any relationship.**

Admitting to yourself and others that you are experiencing domestic abuse is very difficult, but it is an important step towards getting protection for yourself and your children.

If you or your family are victims of domestic abuse you may be afraid to ask for help in case it makes things worse, but you don't have to live with this kind of fear.

OUTREACH SERVICE

The service provides:

- Dedicated support either via face to face meetings, telephone, text or email according to need and individual choice
 - Services in communities through working with other agencies
- Training and awareness sessions for agencies or individuals.

DISPERSED ACCOMMODATION

We have various shared dispersed properties based around the county. They can be offered to male victims as well as female and are available for single people or those with children.

At NO TIME will the dispersed accommodation be mixed sex.

We recognise that men can also be victims of domestic abuse both in heterosexual and gay relationships. Everyone has the right to live in safety, free from fear regardless of their gender.

MAKE YOURSELF SAFE

Call the Shropshire Domestic Abuse Service on 0300 303 1191

Seek Medical Attention either at the doctor, NHS drop-in centre or Accident & Emergency department.

Think about your safety by making a safety plan to help you prepare in advance

Do not retaliate its not safe

Call the Police and report violence

If you are frightened or in danger call 999

If you need refuge accommodation, or are making a referral, call: 0300 303 1191.

The referral line is open from Monday-Friday, 9am-5pm

USEFUL NUMBERS

In an emergency always
call the police on 999

**M.A.L.E (Mens Advice
Line and Enquiries)**

0808 801 0327

**National 24 hour Domestic
Violence Helpline**

0808 2000 247

**Shropshire Domestic Abuse
Helpline 24 hours**

0800 7831 359

**Shropshire Outreach
Domestic Violence Support**

0300 303 1191

**Shropshire Council
Customer Service**

0345 678 9000

**Lesbian and Gay
Foundation**

0845 330 3030

West Mercia Police
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